



# LUSCIOUS DESSERTS FROM ACROSS THE USA



Come the holidays, each part of the country celebrates with its own delicious desserts. Here, best-loved recipes, from New York Cranberry Nut Cheesecake to California Oranges Jubilee! BY JOANNE BORKOSKI

Just some of our desserts from around the country: (top) Southern Fresh Coconut Layer Cake with tangy Lemon Filling; Texas Pecan Candy Cake—goes together in a flash, keeps for weeks! (Bottom) So incredibly rich, one New York Cranberry Nut Cheesecake feeds 16! Folks in the Plains States love traditional Christmas Stollen.

## TEXAS PECAN CANDY CAKE

Serve this rich, fruitcake-like confection sparingly. Make at least 2 weeks ahead so flavors can mellow.

Bake at 250° for 1½ hours. Makes one 9-inch cake (32 thin slices) at 43¢ per slice.

Nutrient Value Per Slice:  
218 calories, 2 gm. protein,  
12 gm. fat, 28 gm. carbohydrate,  
26 mg. sodium,  
4 mg. cholesterol.

- ½ pound candied red cherries, cut in quarters (1⅓ cups)
  - ½ pound candied pineapple, coarsely chopped (1 cup)
  - ½ pound pitted dates, coarsely snipped (1½ cups)
  - 1 tablespoon all-purpose flour
  - 4⅓ cups coarsely chopped pecans (1 pound, shelled)
  - 4 ounces flaked coconut (about 1¼ cups)
  - 1 can (14 ounces) sweetened condensed milk
1. Preheat oven to slow (250°). Grease and flour 9x3-inch tube pan with removable

- bottom; set pan aside.
2. Combine cherries, pineapple and dates in very large bowl. Sprinkle with flour; toss to coat well. Add pecans and coconut; toss to mix. Add sweetened condensed milk; stir to mix well. Spoon evenly into prepared pan, smoothing top.
3. Bake in preheated slow oven (250°) for 1½ hours. Cool in pan on rack. Remove from pan. Wrap tightly in foil. Refrigerate at least 2 weeks. Cake cuts best when cold. Slice very thin with serrated knife. (More recipes on page 86)

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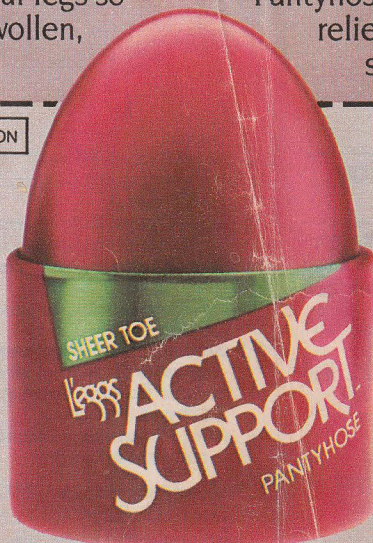
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