ark Trading Post October 25, 201

CHICKEN TORTILLA SOUP

2 SKINLESS, BONELESS CHICKEN BREASTS, CUT INTO

CUBES
1/2 TEASPOON OLIVE OIL

1/2 TEASPOON MINCED GARLIC

1/4 TEASPOON GROUND

CUMIN
2 (14.5 OUNCE) CANS

CHICKEN BROTH

1 CUP FROZEN CORN KER-

NELS
1 CUP CHOPPED ONION

1/2 TEASPOON CHILI POW-

DER
1 TABLESPOON LEMON JUICE

1 CUP CHUNKY SALSA
8 OUNCES CORN TORTILLA

CHIPS
1/2 CUP SHREDDED

MONTEREY JACK CHEESE
IN A LARGE POT OVER MEDI-

UM HEAT, COOK AND STIR CHICKEN IN THE OIL FOR 5 MINUTES. ADD THE GARLIC

AND CUMIN AND MIX WELL.

THEN ADD THE BROTH, CORN, ONION, CHILI POW-DER, LEMON JUICE, AND

SALSA. REDUCE HEAT TO LOW AND SIMMER FOR ABOUT 20 TO 30 MINUTES. BREAK UP SOME TORTILLA

CHIPS INTO INDIVIDUAL BOWLS AND POUR SOUP OVER CHIPS. TOP WITH THE

OVER CHIPS. TOP WITH THE MONTEREY JACK CHEESE A LITTLE SOUR CREAM.